

Preparing for Ascension

A retreat with

Anne Jones

In The New Forest National Park

Sunday 29th September Welcome
Monday 30th September – Wednesday 2nd October

Retreat resident price: £650

Includes 3 days workshops, private room with ensuite, welcome drinks on Sunday,
4 nights accommodation, 4 days breakfast, Mon/Tues/Wed lunch, dinner and
refreshments

Delegates non-resident 3 day price: £270 includes lunch/refreshments

- What is Ascension?
- How to raise yourself to the highest vibrations
- Your own personal evolvment – how is it progressing?
- What are your Drivers? What are your Barriers?
- How to progress your Ascension Journey & Assist our world to evolve

*Together we will seek to understand what prevents your vibrations rising,
dissolve the barriers and heal whatever needs to clear.*

Page 2 for more of our exciting schedule!

Time: Welcome drinks Sunday 29th Sept: 5pm
Monday, Tuesday, Wednesday: 9.30 am – 5pm.
Location: The Bartley Lodge Hotel, Cadnam near Lyndhurst,
(<https://www.newforesthoteles.co.uk/bartley-lodge-hotel/>)

Booking: Please contact Brenda: brenda@annejones.org M: 07710 473904



Here are some of the topics we will cover in our New Forest Ascension retreat workshops:

- Clearing all attachments that hold you back and lower your vibrations.
- Going deeper to find the causes of your disempowering imprints and implants from previous lifetimes – integrating and healing experiences that still trouble you today.
- Connecting and working with Spirit Masters for your own healing and guidance and for the raising of the energy of humanity.
- Working with an ancient symbol and ritual to clear the negativity of mass consciousness and allow more light into our world.
- Working with Pan, the leader of the elemental spirit world to clear karma and improve our relationship with nature and the environment.