



Connecting people through Conscious Conversation

# ConsciousCafe in The New Forest

Please join me for an informal evening of socialising and conversations at ConsciousCafe



## Shamanic Healing & Practise

Vicky Foot will share her experiences of Shamanic practise:

We will look at the history of shamanism and how we use the practice in the western world to fit with our lifestyle.

We will experience some of the energy work and go on a journey to the rhythm of the drum. We will look at the tools I use for healings and ceremony. Vicky

**Date: Monday June 17<sup>th</sup>**

**Venue: Myrtle Hall, Copse Road, off Pound Lane, Burley. (From centre of village take Pound Lane towards Bransgore. Turn right after pinch point traffic calming.)**

**Time: 7pm to 10pm. Cost: £7 includes a vegetarian meal.**

Please let me know if you can join me and feel free to bring a friend along too, **just please let me know in good time so that we can plan the food.**

Please RSVP to Anne: [Aj3@btconnect.com](mailto:Aj3@btconnect.com) (Anne Jones [www.annejones.org](http://www.annejones.org)) Tel: 07899890809

[www.consciouscafe.org](http://www.consciouscafe.org)

Conscious Cafe is a not-for-profit organisation, founded by Judy Piatkus that allows a safe space for like-minded people who are following their spiritual path in whatever way suits them, to come together for stimulating conversations and discussions. We create a friendly and welcoming community, a place to live life consciously.